

Priority: Children and Young People

Aim: Improve Health and Wellbeing in Children and Young People						
Objective	Actions	Measures	Lead Partner	Resources	Progress/Timescale	RAG
Increase mental wellbeing support for CYP in areas of highest need	Complete a mapping exercise for mental wellbeing support for CYP in Redditch, particularly AoHN, to direct future actions		Claire Moran/Helen Broughton	Partners	Mapping exercise has been completed. The RCWT will work to act on findings	Green
	Set up a task and finish group to create a specific action plan to tackle lower level mental health support for children and young people (see separate tab)		Helen Broughton/Claire Moran	Leftover pot of money (Up to £20,000)	Group has started meeting. Action plan is developing (see separate tab for full details)	Green
Increase the normalisation of breastfeeding in young women by promoting the "Worcestershire Welcomes Breastfeeding" scheme	Promote WWBF at events and encourage local businesses to sign up	Number of organisations signed up	Claire Moran/WWBF volunteers	WWBF resources	HIC has resources ready to be distributed to volunteers when needed.	Amber
Increase support for CYP to make healthy lifestyle changes	Develop a team of young health champions to work specifically in Redditch	Number of health champions/events/sessions	YMCA/Claire Moran		Young health Champions have been recruited and are begging to run projects with young people in Redditch	Amber
	Increase links between health champions and local community groups, to enable healthy lifestyle sessions to be provided	Number of sessions delivered	Claire Moran/YMCA		Ongoing	amber